

Your baby's estimated due date is: _____

Your prenatal testing dates

- First-trimester screening (a blood draw and a nuchal translucency test) 10.1 – 13.6 weeks
- Second-trimester screening (a blood test for possible birth defects) 15 – 20 weeks
- Ultrasound of baby (anatomic survey) ~ 20 weeks
- 1-hour glucose screening test for gestational diabetes 24 – 28 weeks
- Third-trimester lab tests 24 – 28 weeks

Please call your doctor or midwife's office to schedule appointments for the following tests:

- First-trimester screening
- Ultrasound of baby (anatomic survey)

The other tests listed don't require appointments. Your doctor or midwife will provide you with any necessary lab slips at the appropriate time and will let you know where to go for testing.

Your provider will review normal lab results with you at your next prenatal appointment. If there is anything concerning about your lab results, one of our health care providers will contact you right away. We may ask you to get follow-up tests.

Your obstetrical visit schedule

- **From weeks 4 to 28** of pregnancy, you will be seen **every four weeks.**
- **From weeks 28 to 36** of pregnancy, you will be seen **every two weeks.**
- **From weeks 36 to delivery,** you will be seen **every week.**

Occasionally, your provider may ask to see you more or less frequently, depending on your medical condition. We recommend scheduling several appointments at a time.

Please contact our front office staff if you move or change your email or phone number so we can always reach you.

