RTC Receives Prestigious Honor

Congratulations to our Rape Treatment Center at UCLA Medical Center, Santa Monica, which was honored by Assemblyman Richard Bloom as the 50th assembly district’s “2018 Nonprofit of the Year.”

The award was presented to RTC Director Gail Abarbanel and Beth Cranston during a ceremony in Sacramento last month. “For over 40 years, the Rape Treatment Center has made it its mission to combat rape and sexual abuse,” said Bloom. “This organization focuses on bringing compassion, generosity and understanding to individuals while simultaneously combating sexual violence. I applaud its valuable work.”

Our RTC provides free, comprehensive medical care to adult and child sexual-assault victims. Services include 24-hour emergency care, forensic exams, crisis intervention, counseling, legal assistance and advocacy, as well as training for law-enforcement personnel and prevention education in middle and high schools and on college campuses.

Care Coordination Welcomes New Manager

Welcome to Jose Fabian, who joins our hospital as Co-Manager of Care Coordination and Clinical Social Work.

Jose already has some familiarity with our hospital, having divided his time over the past year between our Santa Monica and Westwood campuses. Since 2010, he has provided support to the Hematology / Stem-Cell Transplant service.
Prior to joining UCLA Health, Jose worked at Loyola University Chicago, the University of Chicago – Comer Children’s Hospital and Children’s Hospital Los Angeles. He holds bachelor’s and master’s degrees from San Diego State and Boston University, respectively, and was a sergeant with the U.S. Marine Corps.

Nurse-Midwives Program Moves West

The UCLA Nurse-Midwives program, dedicated to providing comprehensive pregnancy, birth and postpartum care to women, recently moved to our hospital after more than 15 years at Ronald Reagan UCLA Medical Center.

The nurse-midwives began attending births and providing outpatient care on our Santa Monica campus on May 1.

The move to Santa Monica offers an opportunity for continued growth, with new and larger clinic space, expanded office hours and a Labor & Delivery Unit with capacity for additional patients. All of the nurse-midwives are staff members of the UCLA Obstetrics & Gynecology Department and they will continue to collaborate with the department’s Santa Monica practice.

Nurse-midwife Shadman Habibi, director of the program since 2014, oversees the team that includes Miriam Mivehkar, Eyelle Sacher, Elizabeth Keit and Erin DeTura as well as part-time nurse-midwives Sarah Egan, Rachel Franco, Erica Pahua and Harla Yaeger. Two additional nurse-midwives are expected within the next six months.

All nurse-midwives hold master’s degrees in nursing, have passed the American Midwifery Certification Board’s national exam and are credentialed to practice at our hospital. Most have years of experience delivering babies as well as providing prenatal, postpartum and gynecologic services to women.

“We take the time getting to know women and families so we can help them obtain the birth experience they desire,” says Shadman. “While we’re experts in fostering a natural birth experience — including non-medical pain management — we also fully support women who plan to take full advantage of available medical interventions.”

A nurse-midwife is on our L & D unit on a 24-7 basis. While most births proceed normally, an obstetrician/gynecologist is always present in L & D if a physician consultation or medical intervention is necessary.

The nurse-midwives clinic is located at 1223 16th Street. Current clinic days are Tuesday and Thursday from 8 am to 5 pm, but additional days will be added as the program expands. Future plans call for installation of special labor tubs in L & D for water-immersion therapy as a form of pain management during labor.

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“Throughout history, nurse-midwives have been the first providers in pregnancies all over the world,” said Shadman. “We’re thrilled to bring our services and expertise to the Santa Monica campus.”

**Santa Monica Commuter Survey**

Help our hospital offer Santa Monica campus commuters alternative transportation services designed to reduce greenhouse gas emissions while easing traffic congestion and its associated stress by participating in a new survey.

To take the survey, click on this link. This survey is a follow-up to the one conducted in March 2016, prior to when Metro’s Expo Line light-rail service was extended to Santa Monica, with the closest station located at 17th Street and Colorado Avenue. Similar to the previous survey, all responses will remain anonymous.

This is NOT the annual AQMD survey in which our hospital must obtain a certain percentage of respondents. Rather, it’s an optional survey intended to assess the interest in and feasibility of offering services to promote alternative transportation. Nevertheless, your participation is greatly appreciated.

**Photo Gallery**

UCLA Health celebrated the red, white and blue by sponsoring Santa Monica’s July 4th parade, as well as similar events in Holmby-Westwood and Pacific Palisades. Below are photos from the Santa Monica celebration. Photos by Robert Hernandez.

**Massage Therapy**

Feeling stressed, fatigued or suffering from muscle tension? Consider a relaxing massage from a certified UCLA massage therapist.

The massages are now available at both our Santa Monica and Westwood campuses. A 20-minute chair massage costs $25. It requires an appointment and payment must be made prior to your massage.

To schedule one, call (310) 206-3055. Payments accepted at the Cashiering Office or via this link.

**NEWS & NOTES**

**Fidelity Update**

Fidelity Retirement Planner Brandon Moore has assumed responsibility for the one-on-one appointments previously handled by Diana Law. Brandon plans weekly appointment days at our Santa Monica campus to accommodate private meetings with staff members, as needed. Below are his planned days for July:

- July 11 – 8 am to 5 pm
- July 20 – 8 am to 3 pm
- July 25 – 8 am to 4 pm

To schedule an appointment with him, call 1-866-682-7787 or click here.

Fidelity’s Andrew Smith will take over staffing the monthly help desk in Café Santa Monica and giving the workshops. No appointments needed. See the calendar section for the July details.

**QUOTABLE**

“Life is like riding a bicycle. To keep your balance, you must keep moving.”

— Albert Einstein