Pre-Conception Counseling

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Medical Therapy
Medical therapy can be used to optimize ovulation. For some couples, medical therapy alone can result in pregnancy; sometimes it is used in conjunction with other treatments.

Intrauterine Insemination
Intrauterine insemination (IUI) introduces a high concentration of viable, motile sperm into the uterus, increasing the number available to the egg for fertilization.

In Vitro Fertilization
In vitro fertilization is a process for fertilizing eggs outside the body before returning the resulting embryo(s) to the uterus for further growth and development. An embryo produced from the couple’s own egg and sperm can be transferred to the woman’s uterus, or another individual may provide the egg, sperm or surrogate gestation (the fetus develops in another woman’s uterus). Advances in genetic testing through UCLA provide our physicians with more useful information than ever before on the embryos they are implanting. New, an embryo’s genetic makeup can be rapidly tested, enabling physicians to implant the most promising embryos.

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